

## CABLE CAR SOCK PATTERN

By Jennifer Lusk

**Yarn:** 1x 100g skein of standard Sock Yarn  
I used Mountain Colours Bearfoot in Meadow

**Needles:** 2.5mm dpns/circular  
or needles to get gauge

**Notions:** Cable needle,  
stitch markers (2),  
sewing up needle.

**Gauge:** 28 stitches x 40 rows in St st over 4" x 4"

### Abbreviations:

**sl1** – slip one stitch purlwise

**k2tog** – knit 2 stitches together

**p2tog** – purl 2 stitches together

**ssk** – slip slip knit (slip 2 stitches knitwise and knit together through the back loop)

**p2tbl** – purl 2 stitches together through the back loop

**pm** – place marker



**c4f:** Move two stitches to cable needle. Hold cable needle to **FRONT** of work. K next two stitches. k stitches from cable needle

**c4b:** Move two stitches to cable needle. Hold cable needle to **BACK** of work. K next two stitches. k stitches from cable needle.

**c3f:** Move 1 stitch to cable needle. Hold cable needle to **FRONT** of work. K next 2 stitches. K stitch from cable needle

**c3b:** Move 2 stitches to cable needle. Hold cable needle to **BACK** of work. K next stitch. k stitches from cable needle.

**c2f:** Move 1 stitch to cable needle. Hold cable needle to **FRONT** of work. K next stitch. k stitch from cable needle.

**c2b:** Move 1 stitch to cable needle. Hold cable needle to **BACK** of work. K next stitch. k stitch from cable needle.

**C3f dec:** place 1 stitch on cable needle and hold to the **FRONT** of the work, k2tog, knit stitch from cable needle

**C3b dec:** place 2 stitches on cable needle and hold to the **BACK** of the work, knit 1 stitch, k2tog from cable needle

### Cable Pattern:

Worked over four rounds.

Rounds 1, 2 and 4: \*p2 k4\* twice, p2, k8, \*p2 k4\* four times, p2, k8, \*p2 k4\* twice

Round 3 (cable round): p2, c4f, p2, k4, p2, c4f, c4b, p2, k4, p2, c4b, \*p2 k4\* twice  
p2, c4f, c4b, \*p2 k4\* twice.

**Cuff: Cast On** 68 stitches and divide evenly for working in the round. Work k2 p2 rib for 10 rows (work more if longer cuff desired)

**Leg:** Space stitches so there are 36 stitches at the front of the leg and 32 stitches at the back of the leg.

Work rounds 1 – 4 of cable pattern 14 times. Work round 1 only once more.

Turn work ready to work heel.

**Heel Flap:** The Heel is worked over the 32 stitches at the back of the leg, knitting back and forth in ROWS, rather than rounds. Rearrange stitches so these stitches are on one needle. Place remaining 36 stitches on holder or on unused needles.

Work 32 stitches as follows

Row 1: k3, p7, k2, p8, k2, p7, k3

Row 2: k3, sl1, \*k1, sl1\* three times, p2, c4f, c4b, p2, \*k1, sl1\* three times, k1, K3

*Row 3 and all odd rows: k3, p to last 3 stitches, k3*

Row 4: k3, \*k1, sl1\* to last 3 stitches, k3

Row 6: k3, \*sl1, k1\* five times, c3f, c3b, \*sl1, k1\* five times, k3

Row 8: as row 4

Row 10: k3, \*sl1 k1\* five times, sl1, c2f, c2b, sl1, \*k1, sl1\* five times, k3

Row 12: as row 4

Row 14: k3, \*sl1, k1\* to last 3 stitches, k3

Row 16: as row 4

Row 18: as row 14

Repeat last four rows until 28 rows have been knit

#### **Turning the Heel:**

R1: p18, p2tog, p1, turn

R2: sl1, k5, ssk, k1, turn

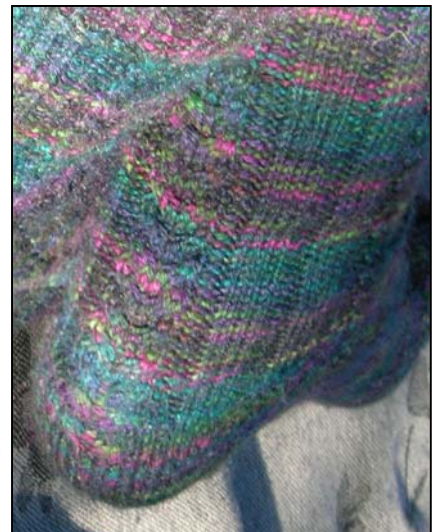
R3: sl1, p6, p2tog, p1, turn

R4: sl1, k7, ssk, k1, turn

Rep rows 3 and 4, increasing the number of stitches before decrease by 1 until all stitches have been worked.

Second to last row: sl1, p to last 2 stitches, p2tog, turn.

Last row: sl1, k to last 2 stitches, ssk, **DO NOT TURN**



#### **Gusset and Foot:**

For gusset instep, the cable pattern will be worked over 36 stitches as follows

R1, R2, R4: \*p2 k4\* twice, p2, k8, p2, \*k4 p2\*

R3 (cable round): p2, c4f, p2, k4, p2, c4f, c4b, p2, k4, p2, c4b, p2

Set up round: Pick up and knit 16 stitches along the left edge of the heel flap. Place Marker. Work Instep stitches (36) in pattern starting with round 2. Place Marker. Pick up and knit 16 stitches along the right edge of heel flap.

R1: k to 3 stitches before first marker, K2tog, k1, slip marker, work instep pattern to second marker, k1, ssk, k to end of round

R2: k to first marker, work pattern to second marker, k to end of round

Repeat these two rows until 68 stitches remain (32 sole stitches, 36 instep stitches)

Treating the second marker as beginning/end of the round, work foot by knitting all stitches on sole and working instep in pattern (starting and ending with p2) until foot is 1.5 inches shorter than desired length. Complete round 4 before starting toe

**Toe:**

R1: k to marker, p2tog, work pattern to 2 stitches before second marker, p2tbl,  
Rounds 2, 4, 6, 8, 10 and 12: k to marker, work established pattern to second marker,

R3: k to marker, p2tog, c3f, work in pattern to 4 stitches before marker, c3b, p2tbl,  
(There are now 32 stitches on both top and bottom of foot)

R5: k1, k2tog, k to 3 stitches before marker, ssk, k1, k2tog, pattern to 2 stitches before marker, ssk

R7: k1, k2tog, k to 3 stitches before marker, ssk, k1, c3f dec, work centre of pattern pattern to 3 stitches before marker, c3b dec

R9: k1, k2tog, k to 3 stitches before marker, ssk, k1, k2tog, work pattern to 2 stitches before marker, ssk

R11: k1, k2tog, k to 3 stitches before marker, ssk, k1, k2tog, work pattern to 2 stitches before marker, ssk

R13: k1, k2tog, k to 3 stitches before marker, ssk, k1, k2tog, work pattern to 2 stitches before marker, ssk

Repeat last round until there are 10 stitches left between markers (20 total) Do not work cables on last round.

Graft stitches together.

Sew in ends and wash/block as desired.

Enjoy ☺

